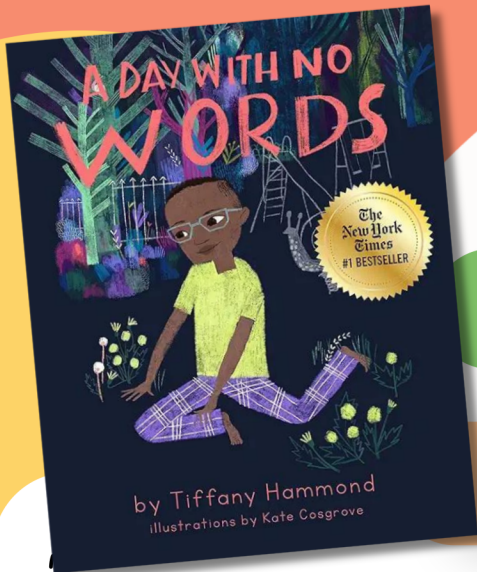




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A Day With No Words

Summary

A Day With No Words is a colorful and engaging picture book for young readers that shares what life can look like for families who use nonverbal communication, utilizing tools to embrace their unique method of "speaking."

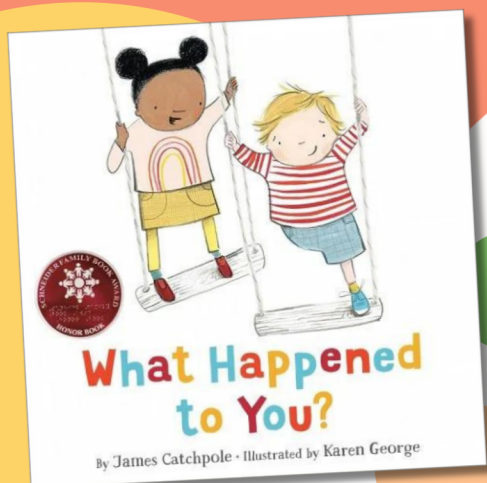
The story highlights the bond between mother and child and follows them on a day where they use a tablet to communicate with others.

Discussion Questions

- 1: What is your favorite way to communicate?
- 2: Name a few activities that you like to do with your grownup!
- 3: What are some different ways that your body feels during a strong emotion? How can you tell what the emotion is?

Other Books to Check Out





What Happened to You?

Summary

A boy named Joe is trying to play pirates at the playground, but he keeps being asked what happened to his leg. Bombarded with questions and silly suggestions, Joe becomes more and more fed up...until the kids finally understand they don't need to know what happened. And that they're wasting valuable playtime! Based on the author's real childhood experiences, this honest, funny, and authentic picture book is an empowering read for anyone with a disability, and for young readers learning how best to address differences.

Discussion Questions

- 1: How do you make a new friend feel welcome?
- 2: How do you feel when someone asks a question that you don't want to answer?
- 3: Why is important that we let people tell us things about themselves at their own pace?

Other Books to Check Out





Come Over to My House

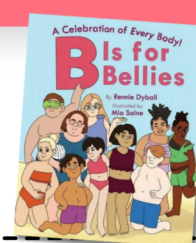
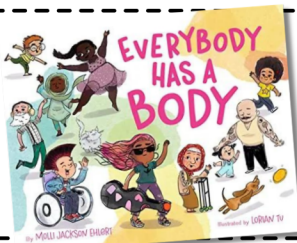
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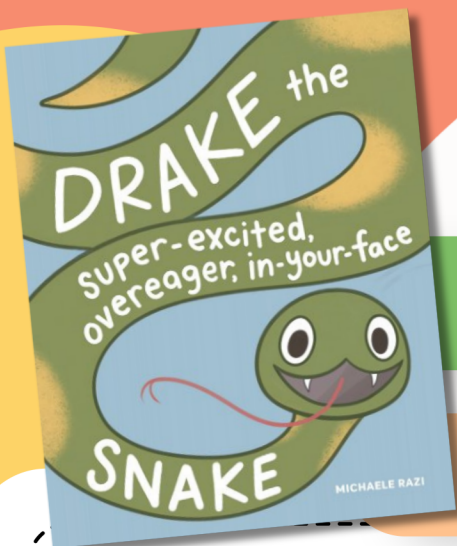
A cast of friendly characters invite friends over for a play - there's fun to be had, food to eat and families to meet! Inclusive text normalizes rather than emphasizes the characters' various disabilities. Disabilities are often only shown in the illustrations, not spelt out in the text. This allows the characters' personality to shine brighter than their difference.

Discussion Questions

- 1: What is something unique about where you live?
- 2: What is a trick your body can do?
- 3: How do you welcome new friends into your home?
What about if they're different from you?

Other Books to Check Out





Drake the Super-Excited, Overeager, In-Your-Face Snake

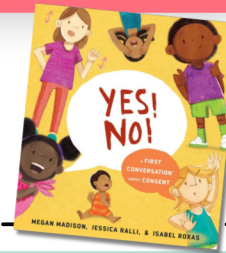
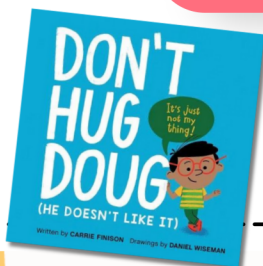
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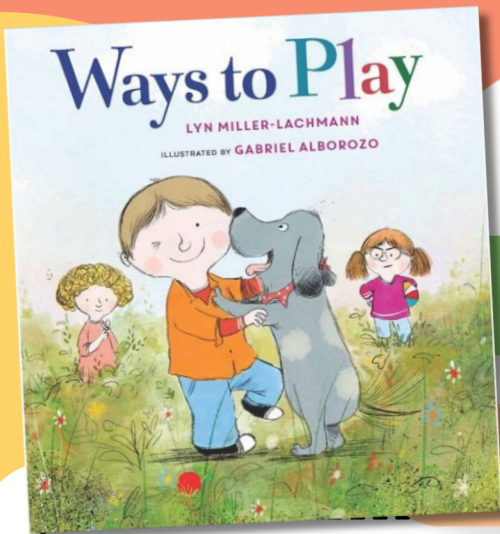
Drake is a very friendly snake, who loves to play with his friends, but he can be a little over-eager and disruptive when he joins in their play. He also loves to give big hugs, but he doesn't always ask first, and his friends don't always like to be hugged. Perfect for families looking for ways to have a conversation with young children about boundaries, healthy communication, respect, and body autonomy.

Discussion Questions

- 1: Which animal in the story did you identify with?
- 2: How do you feel about hugs? Does it matter who the person is that wants to hug you?
- 3: What is your favorite way to greet someone?

Other Books to Check Out





Ways to Play

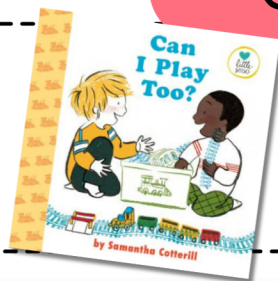
Summary

Riley has plenty of ways to play; like lining up dolls and stuffies by size and shape. Tearing up newspapers and making piles into mountains, using sharp crayons to draw big swirly patterns. But cousin Emma thinks those ways are wrong, wrong, and wrong. Fortunately, Charlie the dog is on hand to help with a breakthrough demonstration that there are MANY ways to play; and all of them are right. Based on experiences that Lyn Miller Lachman had growing up as an Autistic child.

Discussion Questions

- 1: How do you feel when someone tells you what to do?
- 2: When is a time that it's ok for someone to tell you what to do? How do you know when it's not?
- 3: What is your favorite way to play by yourself? What about with your friends?

Other Books to Check Out





My Brain Is Magic, A Sensory Seeking Celebration

Summary

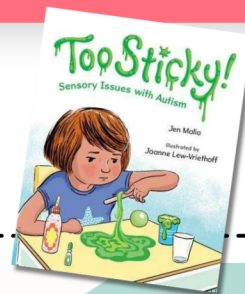
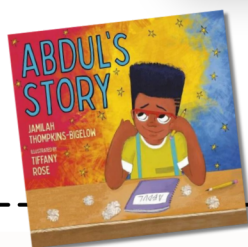
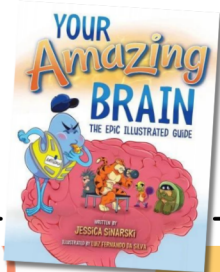
Is your brain magic? Whether your brain buzzes around the room like a bee or tells you to be loud and roar like a lion, celebrate the many things that it can be!

This sensory-seeking celebration shines a light on neurodiversity and sensory processing in a fun and action-packed way for all children to enjoy.

Discussion Questions

- 1: Was there a moment in the story that you connected with?
- 2: What are some ways that you like to move your body?
- 3: Can you name some things that your brain tells you? Do you feel better or more calm after doing them? Why or why not?

Other Books to Check Out





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The Boy with Flowers
in His Hair



JARVIS

The Boy with Flowers in His Hair

Summary

David is a bubbly kid with a colorful bouquet of flowers in his hair, and everyone enjoys spending time with him. When his flowers begin to fall out, leaving sticks behind, David's best friend knows how to help him.

Sensitively told and simply illustrated, Jarvis's story invites even the youngest children to talk about difficult subjects in an age-appropriate way--and feel inspired to support others when they face trying times.

Discussion Questions

- 1: Do you have any friends that have a very different personality from you? How do you know what they're feeling?
- 2: When is a time that you helped someone feel better?
- 3: What are some different ways that you are soothed by loved ones?

Other Books to Check Out





No One Owns the Colors

Summary

The unnamed and non-gendered narrator shows us that colors are simply part of our natural world. No bit of the spectrum--from pink and blue to scarlet and chartreuse--is meant to be claimed by any one gender or being or culture. Color is not something that can be right or wrong, or better or worse. Inspired by school yard experiences of the author's own children, this melodic, rhythmic text provides the words and the confidence readers may need if someone says that their color--be it skin, shirt, shoes, or simply the crayon they love most--is wrong.

Discussion Questions

- 1: What is your favorite color? How do you feel when you see it?
- 2: What is something you love about yourself that you want others to know?
- 3: How can you help a friend express themselves?

Other Books to Check Out





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Invisible Things

Summary



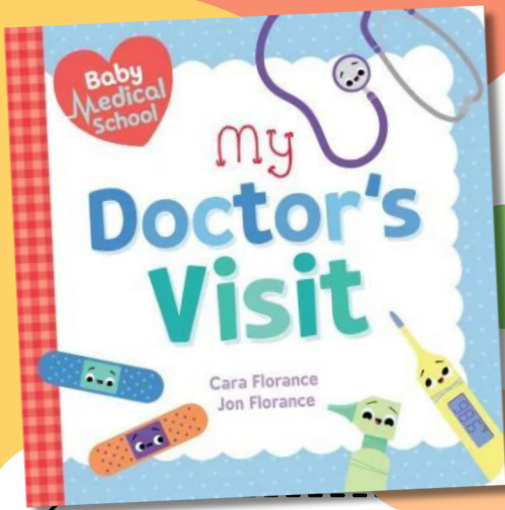
This creatively wacky exploration of the invisible things that make up the human experience encourages readers to look past the visible and connect with the things that are not seen. This book was vetted by a licensed independent clinical social worker specializing in mental health for kids! Educators, therapists, and caregivers looking to have nuanced or challenging conversations with kids about their own experiences can use this as a jumping off point for conversation.

Discussion Questions

- 1: What invisible things can you name in your life?
- 2: What are some thoughts that you have about the world? Are they about visible or invisible things?
- 3: Why is thinking about an invisible thing different than a visible one?

Other Books to Check Out





Baby Medical School: My Doctor's Visit

Summary

Every year, you go to the doctor's office to make sure your body is working like it should. A nurse and doctor will check almost every part of you. They want to make sure you stay happy and healthy. Written by leading medical experts, Cara and Jon Florance, this doctor's visit book will take the fear out of going to the doctor by breaking down what and why a doctor does what he or she does.

Discussion Questions

- 1: What do you know about doctors?
- 2: Why might some people have to go to the doctor more often than others?
- 3: Do you know any grownups that work at a doctors office but they aren't a doctor? What other jobs do you think need done there?

Other Books to Check Out

